

## Forest School Skills Progression

Skill	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Fire</b>	<ul style="list-style-type: none"> <li>• Move around fire pit safely</li> <li>• Can gather firewood</li> <li>• Toast marshmallow with support</li> </ul>	<ul style="list-style-type: none"> <li>• Recall fire rules</li> <li>• Get a spark with flint and steel</li> <li>• Toast a crumpet/piece of toast with support.</li> </ul>	<ul style="list-style-type: none"> <li>• Know fire triangle</li> <li>• Light cotton wool with flint and steel</li> <li>• Say how to extinguish a fire</li> <li>• Prepare damper bread to cook on the fire with support.</li> </ul>	<ul style="list-style-type: none"> <li>• Light fire using flint and steel</li> <li>• Extinguish fire safely with support</li> <li>• Prepare damper bread to cook on the fire independently.</li> </ul>	<ul style="list-style-type: none"> <li>• Maintain a fire</li> <li>• Cook a pizza wrap on the fire with support.</li> </ul>	<ul style="list-style-type: none"> <li>• Light, maintain and extinguish a fire safely</li> <li>• Cook a pizza wrap on the fire independently.</li> </ul>
<b>Knots</b>	<ul style="list-style-type: none"> <li>• Make a dog log with support</li> </ul>	<ul style="list-style-type: none"> <li>• Tie a knot of their own choosing</li> </ul>	<ul style="list-style-type: none"> <li>• Learn a clove hitch – make a bow &amp; arrow or decorate a wand</li> </ul>	<ul style="list-style-type: none"> <li>• Learn a timber hitch – use to make a rope walk</li> </ul>	<ul style="list-style-type: none"> <li>• Learn how to square lash and use to create a frame</li> </ul>	<ul style="list-style-type: none"> <li>• Make a structure using knots to support.</li> </ul>
<b>Mindfulness</b>	<ul style="list-style-type: none"> <li>• Learn about a sit spot and how to listen to natural sounds</li> </ul>	<ul style="list-style-type: none"> <li>• Sit independently in allocated sit spot for guided activity</li> </ul>	<ul style="list-style-type: none"> <li>• Sit independently in sit spot of own choosing for 1 minute</li> </ul>	<ul style="list-style-type: none"> <li>• Sit independently in sit spot of own choosing for 2 minutes</li> </ul>	<ul style="list-style-type: none"> <li>• Actively engage in 3+ minutes of peaceful time, self-chosen</li> </ul>	<ul style="list-style-type: none"> <li>• Actively engage in 3+ minutes of peaceful time, self-chosen</li> </ul>
<b>Nature</b>	<ul style="list-style-type: none"> <li>• Locate different leaves</li> <li>• Make a leaf rubbing</li> <li>• Discuss seasons and changes</li> <li>• Create using natural materials – e.g. mud kitchen/potions</li> </ul>	<ul style="list-style-type: none"> <li>• Identify some minibeasts and explore habitats</li> <li>• Identify at least 3 trees in forest school.</li> </ul>	<ul style="list-style-type: none"> <li>• Identify at least 5 trees in forest school, describing bark, leaves and nuts/seeds</li> <li>• Explore lifecycles of butterflies/frogs</li> </ul>	<ul style="list-style-type: none"> <li>• Make natural dyes and use for purpose.</li> <li>• Create a minibeast hotel</li> </ul>	<ul style="list-style-type: none"> <li>• Make a bird feeder using melted lard</li> <li>• Name some woodland birds and recognise their song.</li> <li>• Use mud/clay and sticks to build a structure or character.</li> </ul>	<ul style="list-style-type: none"> <li>• Hedgehog hotel creation</li> <li>• Support work around site to improve wildlife habitats</li> </ul>
<b>Teamwork</b>	<ul style="list-style-type: none"> <li>• Work together to build a den for a teddy, with support (talk about survival and shelter)</li> </ul>	<ul style="list-style-type: none"> <li>• Work together to create an obstacle course with natural objects</li> </ul>	<ul style="list-style-type: none"> <li>• Work with a partner to go on a blind sensory walk.</li> </ul>	<ul style="list-style-type: none"> <li>• Create a game using natural resources and teach others how to play.</li> </ul>	<ul style="list-style-type: none"> <li>• Build a shelter to shield from the weather.</li> </ul>	<ul style="list-style-type: none"> <li>• Work together to complete a project, using 'stations' to work systematically.</li> </ul>
<b>Tool use</b>	<ul style="list-style-type: none"> <li>• Use a spade effectively to dig a hole</li> <li>• Use a hammer safely (hapazome)</li> <li>• Use a safety whittler to make a wand/cooking stick</li> </ul>	<ul style="list-style-type: none"> <li>• Use a saw with support.</li> <li>• Use a hammer and nails with support to connect pieces of wood.</li> </ul>	<ul style="list-style-type: none"> <li>• Use a saw independently to make a tree cookie or chop firewood.</li> </ul>	<ul style="list-style-type: none"> <li>• Use a palm/hand drill safely and independently</li> </ul>	<ul style="list-style-type: none"> <li>• Use secateurs or loppers to maintain site or to make something using natural materials</li> </ul>	<ul style="list-style-type: none"> <li>• Use a hammer and nails to connect two or more pieces of wood together independently.</li> </ul>